



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b> Hot Meal Of The Day	Freshly baked potato with tuna & sweetcorn mayo, fruit & juice (G/F)	Pasta beef Bolognese ragu, topped with cheese, fruit & juice (G/F)	Spiced chicken flatbread, Lebanese salad with yoghurt dressing, fruit & juice	Hungarian smokey meatball stew, Garlic roasted potato & peas, fruit & juice (G/F)	Cheese burger & chips, fruit & juice (G/F)
<b>Option 2</b> Vegetarian Option	Freshly baked potato with beans & cheese, fruit & juice (G/F)	Italian tomato & herb pasta topped with cheese, fruit & juice (G/F)	Butternut squash, chick pea and spinach curry, coconut rice, fruit & juice (G/F)	3 bean vegetable chilli & steamed rice, fruit & juice (G/F)	Vegetarian burger topped with cheese, chips, fruit & juice (G/F)
<b>Option 3</b> Vegan Option	Freshly baked potato with beans & vegan cheese, fruit & juice (G/F)	Italian tomato & herb pasta topped with vegan cheese, fruit & juice (G/F)	Butternut squash, chick pea and spinach curry, coconut rice, fruit & juice (G/F)	3 bean vegetable chilli & steamed rice, fruit & juice (G/F)	Vegan burger topped with vegan cheese, fruit & juice (G/F)
<b>Option 4</b> Chilled Option	Cheese & ham ploughman salad, crusty roll, fruit & juice (G/F)	Egg & cress ciabatta, crisps, fruit & juice	Spiced chicken flatbread, Lebanese salad with yoghurt dressing, fruit & juice	Tuna & sweetcorn mayo salad, crusty roll, fruit & juice (G/F)	Ham, tomato & spinach baguette, crisps, fruit & juice
<b>Trolley Days</b> Selection of drinks, snacks & fruit					
<b>Break Trolley</b> 11.10am	Year 7	Year 8	Year 9	Year 10	Year 11
<b>Lunch Trolley</b> 2.10pm	Year 9	Year 10	Year 11	Year 7	Year 8