

DHSG Lower Years Assessment Framework

Food and Nutrition



LOWER YEARS (Years 7 to 8)

MIDDLE YEARS (Years 9 to 11)

	Developing (D)	Secure (S)	Mastering (M)
Knowledge	With support is able to demonstrate knowledge of healthy eating, nutrition, food science and practical processes.	Knowledge of healthy eating, nutrition, food science and practical processes is demonstrated mostly accurately with a reasonable level of detail.	Knowledge of healthy eating, nutrition, food science and practical processes is accurate, detailed and consistently demonstrated.
Understanding	Knowledge of healthy eating, nutrition and food science applied to a range of different contexts with some support.	Applies knowledge of healthy eating, nutrition and food science to a range of different contexts, mostly accurately and independently with some depth.	Independently, thoroughly and accurately applies knowledge of healthy eating, nutrition and food science to a range of different contexts.
Skills	Assistance needed with organisational tasks. Ingredients brought to most practical lessons but preparatory tasks maybe incomplete. Needs support to manage practical activities efficiently. Adequate application of food safety principles.	Usually well organised. Ingredients brought to every practical lesson which are mostly well prepared Works mostly independently, occasionally needing support with some processes. Very good application of food safety.	Very well organised. Ingredients brought to every practical lesson, weighed out and chopped if necessary. Efficient, purposeful and independent when completing the practical activities Excellent application of food safety principles

