

DHSG Lower Years Assessment Framework

Food and Nutrition



LOWER YEARS (Years 7 to 8)

| | Developing (D) | Secure (S) | Mastering (M) |
|----------------------|--|--|--|
| Knowledge | With support is able to demonstrate knowledge of healthy eating, nutrition, food science and practical processes. | Knowledge of healthy eating, nutrition, food science and practical processes is demonstrated mostly accurately with a reasonable level of detail. | Knowledge of healthy eating, nutrition, food science and practical processes is accurate, detailed and consistently demonstrated. |
| Understanding | Knowledge of healthy eating, nutrition and food science applied to a range of different contexts with some support. | Applies knowledge of healthy eating, nutrition and food science to a range of different contexts, mostly accurately and independently with some depth. | Independently, thoroughly and accurately applies knowledge of healthy eating, nutrition and food science to a range of different contexts. |
| Skills | Assistance needed with organisational tasks. Ingredients brought to most practical lessons but preparatory tasks maybe incomplete. Needs support to manage practical activities efficiently. Adequate application of food safety principles. | Usually well organised. Ingredients brought to every practical lesson which are mostly well prepared Works mostly independently, occasionally needing support with some processes. Very good application of food safety. | Very well organised. Ingredients brought to every practical lesson, weighed out and chopped if necessary. Efficient, purposeful and independent when completing the practical activities Excellent application of food safety principles |

MIDDLE YEARS (Years 10 to 11)

